

INFORMATION ON THE 29th MAY

FROM THE PULBOROUGH UPDATE

Whilst every effort is made to make sure the information is correct, please let me know if there is anything that needs to be added or changed f.stroud@btinternet.com

It is with great sadness that we have to let you know of the death of René Kaiser (Local Chef 1942 – 2020)

René Kaiser began his culinary training at the young age of 15 in his native Switzerland. Following his apprenticeship he worked in various kitchens in Switzerland and Sweden before coming to England in 1963. He was head chef at Gravetye Manor which is where he met his wife Ann. In 1971 they bought their first restaurant together, The Four Seasons in Felpham. In 1975, when the family started to grow, they moved to Pulborough and here ran Stane Street Hollow Restaurant for 23 years. René was a huge supporter of the local Pulborough community, running a stall at the Pulborough Farmers Market when it first opened in 2000, establishing the Pulborough Pancake Day in 2000 initially held at the restaurant before the event needed more room and moved to the Village Hall, providing the catering for many fund raising events such as harvest suppers and Sussex Day celebrations and up until the lockdown in March providing the homemade soup for the weekly lunch club for senior citizens in Pulborough.

He died peacefully at home on Monday 25th May 2020.

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| CAFÉ | Take out coffee shop / lunch / afternoon tea | LITTLE BEAN CAFÉ , 46 Lower Street, Pulborough, RH20 2BW Contact: 01798 875890, info@littlebeancafe.co.uk Open for takeaway only Tues – Sat 09:00 – 15:00 – Closed Sun & Mon Try to pre-order by phone and pay contactless when picking up. 2-3 Customers only and only 1 member per household https://littlebeancafe.co.uk/ |
| CANCELLED & STARTING AGAIN | PULBOROUGH | PULBOROUGH'S FUN ACTIVITIES & SUPPORT FOR LOCAL CHARITIES The Duck Race 6 th June has been cancelled for this year The Harvest Fair 26 th September has been cancelled for this year The Heritage Weekend 12 th & 13 th September still on at the moment Pulborough Market Starting again in September – if you want to order anything from the stalls contact: Terri Ashpool 01403 588996, terriashpool@uwclub.net |
| CHARITY | HORSHAM DISTRICT COVID-19 APPEAL | SUPPORT OUR LOCAL VOLUNTEERS WORKING IN HDC VOLUNTEER HUBS https://app.donorfy.com/donate/XCOEDUA2L3/CommunityHubs |
| CHEMIST | PRESCRIPTIONS ADVICE, MEDICAL SUPPLIES | KAMSONS/CORDENS PHARMACY Are not shutting for a lunch hour. Numbers will be restricted, stand back from the counter, only contactless payments are accepted. https://111.nhs.uk If you want to know if your prescription is ready please email and they will email you back when it is ready pulborough@kamsons.co.uk |
| CHILDREN | THINGS TO DO | FROM THE SCOUTS via St Mary's School https://www.scouts.org.uk/the-great-indoors/ |
| CHURCHES | PULBOROUGH CHURCHES | All Churches are shut at all times in line with the national guidelines, but below see the websites for our local Pulborough churches which have Services, Bible readings, thoughts and prayers appropriate to the week THE BAPTIST CHURCH www.pbbaptist.co.uk Currently Sunday services are taking place 10:30 -11:15 using ZOOM. For information contact andytwilley@gmail.com THE PARISH CHURCH The May Parish Magazine is on line now at: http://www.stmaryspulborough.org.uk/index.html If you have any particular request for prayer email: Fr. Paul at pulbpccector@btinternet.com or ann.kaiser@live.co.uk THE ROMAN CATHOLIC CHURCH www.stgabrielsbillingshurst.org.uk THE UNITED REFORMED CHURCH www.pulboroughhurc.co.uk |
| CLEANING | | MISS MOP Contact: 01798 874355, info@missmop.net Slowly starting to help customers again |

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| DENTISTS | NHS & PRIVATE | KEN HALL 01798 874487 PULBOROUGH DENTAL CARE 01798 875185 VITALITY DENTIST WEST SUSSEX 01798 872004 In isolated emergencies with an immediate risk to health please call the dentist and you will be pointed in the right direction if your problem cannot be dealt with through advice, painkillers or antibiotics. There are now several NHS Urgent Dental Care hubs in the region and in the very short term you may be referred to one of these. |
| DOCTOR | | PULBOROUGH MEDICAL GROUP 01798 872815 Following guidance from NHS England the type of appointment available for online booking has been changed. The only appointments available to book are online triage slots. The doctor will phone the patient around the appointment time and do a consultation over the telephone. A follow-up face to face appointment can then be booked if required. Patients will still be able to book a face to face appointment by phoning the reception team. Apologies for any inconvenience. Patients will be updated regularly with any further changes. For non-urgent help, information, sick note, test results, admin, contact www.pmgdoctors.co.uk & click eConsult. Complete form & a doctor will reply by close of next business day https://www.nhs.uk/conditions/coronavirus-covid-19 |
| ELECTRICAL | TV/ELECTRICAL RETAILER / SERVICE PROVIDER | HAMILTON COLE , Station Road, Pulborough, RH20 1AH Contact: 01798 872237, office@hamiltoncole.co.uk The shop is shut, but the office is manned Mon-Fri: 08:30 – 17:00, Sat 09:00 – 13:00 and the service side is still operating (domestic electrical, aerial/satellite & TV repair work and dealing with Smart TV issues. Home deliveries available. |
| ELECTRICAL | WHITE GOODS, SMALL APPLIANCES, LIGHT BULBS | WILLMERS , 64 Lower Street, Pulborough, RH20 2BW Contact: 01798 872866, info@willmers.com Although the shop is not open, they carry a significant range of stock and are now receiving deliveries and are happy to take telephone and email orders Key workers only – there is an offer of free installation and disposal on major electrical appliances from selected brands until 30 th June. Call or email to discuss your needs. See Facebook Pulborough Community Group |
| FLOWERS | | THE FLOWER SHOP , 56 Lower Street, Pulborough, RH20 2BW Contact: 01798 875488. Open Mon-Fri 09:00 – 16:00, Sat 09:00 - 13:00. Respect social distancing. Hand sanitizers available. Dogs are welcome. |
| FOOD | BREAD | PULBOROUGH VILLAGE HALL / LIBRARY CAR PARK Every Tues & Thurs at 11:15 – this is now set time and days https://m.facebook.com/trufflesbakery www.trufflesbakery.co.uk |
| FOOD | BUTCHER | COUGHTREYS , Stane Street Nurseries, Stane Street, Pulborough, RH20 1BQ Contact: 01798 872206 http://www.coughtreys.co.uk/ |
| FOOD | BUTCHER | M J SUTERS , 54 Lower Street, Pulborough, RH20 2BW Contact: 01798 872441. Open Mon-Sat 08:00 - 13:00. For self-isolating or vulnerable customers they are offering FREE delivery service in the local area of all products. |
| FOOD | GREENGROCERS | DYKES FARM SHOP , West Chiltington Road, Pulborough, RH20 2EE Contact: 01798 872447. Open 09:00 – 14:00 Closed Saturdays Only 4 customers at a time in the shop |
| FOOD | GROCERIES | THE GREENHOUSE GROCERY STORE – BACK TO BASICS Stane Street Nurseries, Stane Street, Pulborough, RH20 1BQ Contact: 01798 874445, info@thegreenhouse.shop http://thegreenhouse.shop/ Ordering & collect system in operation. Email order by 17:00 Mon-Fri and your order will be ready for collection between 12:00 & 15:00 Tues–Sat subject to availability. Remember to take your order number when collecting. |
| FOOD | HEALTH | BENEFICIAL HEALTH , 48 Lower Street, Pulborough, RH20 2BW Open Wed & Sat 09:00 – 14:00 All other days 09:00 – 15:00 (Closed Suns) Telephone: 01798 874433 Order & pay over the phone subject to availability. If the phone is unanswered leave a telephone number and you will be called back Free local delivery http://www.beneficialhealth.co.uk |

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| FOOD | LOCAL SHOP | PULBOROUGH STORES , 83 Lower Street, Pulborough, RH20 2BP FRESH FRUIT, VEGETABLES & MILK AVAILABLE Telephone: 01798 875311 – Delivery Service Available Mon-Fri 08:00 – 19:00 Sat: 08:00 – 19:00 Sun: 08:00 – 16:00 https://www.londis.co.uk/our-stores/londis-pulborough-stores |
| FOOD | PIE SHOP | THE PIE SHOP opposite Coughtreys in Stane Street Contact: 01798 873672 is open |
| GARDEN | VIRTUAL | CHESTNUT TREE HOUSE Not surprisingly Chestnut Tree Hospice has not been able to host their annual Open Garden Event in aid of this worthwhile local charity, but Steve has created a 'virtual' tour for you to enjoy. If you enjoy it then please donate £5 to the charity https://youtu.be/QcukL-gnvAw https://www.justgiving.com/fundraising/KazBickers |
| GARDEN CENTRES | OPEN | GARDEN CENTRES ARE NOW OPEN – SOCIAL DISTANCING APPLIES PULBOROUGH GARDEN CENTRE , Stopham Road, Pulborough, RH20 1DS Open 09:00-17:00 Mon-Sat, 09:00-16:00 Sundays (Restaurant remains closed) Contact: 01798 872981, pulborough@britishgardencentres.com VILLAGE NURSERIES , Sinnocks, West Chiltington, RH20 2JX Contact: 01798 813040, peter@villagenurseries.co.uk https://www.villagenurseries.co.uk/page_1781741.html |
| | DELIVERIES/ COLLECT ONLY | EXCEPT FOR ARCHITECTURAL PLANTS – Telephone: 01798 879213 Free delivery & Collection Service – Still closed to the general public http://architecturalplants.com/ HILLSIDE NURSERIES , Bury Common, Bury, RH20 1NR are doing a click and collect service - Still generally closed Contact: 01798 831325 https://www.hillsidenurseries.co.uk/ |
| GARDEN MACHINERY & SERVICES | | BURGESS & RANDALL , Station Road, Pulborough, RH20 1AH Open – knock & wait 09:00 – 17:30 Contact: 01798 872506, info@burgessandrandall.co.uk |
| GARDEN VISITS | VIRTUAL | NATIONAL GARDEN SCHEME https://ngs.org.uk/virtual-garden-visits/?utm_campaign=2658299_F04_14569_Members_News_290420&utm_medium=email&utm_source=woodlandtrust&MailingCode=P20DED004&dm_i=2D76,1KZ5N,9J98R,V,5D0JZ,1 |
| GOVERNMENT INFORMATION | INFORMATION IN A CLEARER WAY | WITH THANKS TO AMBERLEY COVID-19 HUB TEAM https://www.amberleyhelpline.co.uk/govt-approach/ https://www.amberleyhelpline.co.uk/copy-of-portfolio/ |
| HEALTH ADVICE | GOVERNMENT | COVID-19 TESTING with thanks to the Amberley Covid-19 Hub Team https://www.amberleyhelpline.co.uk/government-health-advice/ TRACK AND TRACE Government information https://www.gov.uk/guidance/nhs-test-and-trace-how-it-works |
| HELP | | SELF ISOLATION HELP If you need help with:- Picking up shopping; Picking up medication; A friendly phone call PULBOROUGH VOLUNTEER HUB: 07514 134664 – ONLY FOR PEOPLE THAT DO NOT HAVE SUPPORT FROM FRIEND, FAMILY OR NEIGHBOURS Call Horsham District Council's Volunteer Hub on 01403 215230 https://www.westsussex.gov.uk/leisure-recreation-and-community/supporting-local-communities/community-hub-covid-19/ |
| HELP | NEIGHBOURHOOD WARDENS | Vanessa Green 07584 337475 Carol Boniface 07584 337476 Email: Pulborough.wardens@horsham.gov.uk |
| KEEP FIT | EXERCISE | FIT FOR GOOD Healthier, happier ageing for older adults. Over 30 fitness sessions already online to choose from, with new sessions posted every Monday, Wednesday & Friday by 11:00. Also created fitness sessions for older adults with limited mobility or those recovering from injury posted every Thurs by 11:00 https://www.fitforgood.com/ffg-online/ |

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| KEEP FIT | 121 PERSONAL TRAINING SESSIONS | PERSONAL TRAINER - ROB DALE BSc (Hons) Contact: 07793 036189, rob@getfitbootcamp.co.uk www.getfitbootcamp.co.uk ALSO ZOOM CLASSES A trainer with Fit for Good has been given permission by the government and the Parish Council to run 1 to 1 personal fitness sessions in a public park adhering to the 2 metre rule Facebook: https://www.facebook.com/121exerciselimited https://mailchi.mp/766f024ab558/fukit2zje7-4724314 |
| LECTURES | LOCKDOWN | UNIVERSITY OF MANCHESTER https://www.manchester.ac.uk/coronavirus-response/coronavirus-home-learning/lockdown-lectures/ |
| LIBRARY | JOIN THE E-LIBRARY | PULBOROUGH LIBRARY is closed until further notice If you have a computer or laptop you could join the e-library https://www.westsussex.gov.uk/libraries/join-the-library/ eLibrary service, includes free access to eBooks, eAudiobooks and eComics 1000s of eMagazines and eNewspapers, as well as a number of quality online reference resources. Need help with the eLibrary? send an email to library.digital@westsussex.gov.uk with your name, telephone number and a brief description of the help you need |
| MUSEUM | | THE HISTORY OF THE KIMONO from the V&A Museum https://email-vam.org.uk/45GA-UACR-F1AFE42FD/cr.aspx |
| MUSIC | CLASSICAL Start between 19:00 – 19:30 | LONDON SYMPHONY ORCHESTRA https://lso.co.uk/whats-on/alwaysplaying.html#read-watch-and-listen Different full length concerts on different days. |
| MUSIC | LOCAL ARTIST | JIMMY LEE – DO YOU REMEMBER THE BLUE COCONUT CLUB? https://soundcloud.com/jimmyleeartist http://jimmyleemusic.co.uk/biography https://www.amazon.co.uk/Broken-Childhood-Mended-Dreams-Misadventures/dp/1999628411 His book |
| MUSICALS | STREAMED FREE FOR 24/48 HOURS FROM FRIDAY 7PM | ANDREW LLOYD WEBBER Streaming a Musical or Concert each week for 24/48hrs from 7pm on Fridays on his YouTube Channel. This week from 29 th May: "HAIRSPRAY". Donations to NHS charities invited. https://www.youtube.com/channel/UCdmPjhKMaXNNeCr1FjuMvag/featured https://www.youtube.com/watch?v=q25CRGGi8Q |
| NATIONAL TRUST | | COAST & COUNTRYSIDE CAR PARKS MOSTLY OPEN From 3 rd June some gardens and parklands will reopen. In order to open them safely booking will be necessary in advance. New booking timeslots will become available on a Friday for visits during the following week |
| PARHAM HOUSE | | PARHAM HOUSE are sorry that they will not open during 2020 season |
| PARISH COUNCIL | | THE PARISH OFFICE Can be contacted through Clerk@pulboroughparishcouncil.gov.uk Latest update information from the Government on Covid-19 https://www.gov.uk/coronavirus |
| PETS | | PETS CORNER at Pulborough Garden Centre OPEN |
| POST OFFICE | | ELITE GARAGE , 5 London Road, Pulborough, RH20 1AP Post Offices are trying to remain open – remember social distancing Petrol pumps are particularly infectious places, so wash hands/wear glove 09:00 – 17:00 Mon – Fri, 09:00 – 12:30 Sat, Closed Sunday. Subject to change |
| QUIZ | | AGE CONCERN https://assets.neighbourhoodalert.co.uk/images/site_images/60888_Age_UK_Newsletter_28May2020.pdf |

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| WINE & SPIRITS | HENNINGS WINE MERCHANTS London House, Lower Street, Pulborough, RH20 2BW Contact: 01798 872671, pulborough@henningswine.co.uk Free Deliveries https://www.henningswine.co.uk/shop/ |
| YOUTH GROUPS | WEEKLY VIRTUAL CLUBS FOR YOUNG PEOPLE Contact: jo.bell@sussexcyp.org.uk https://sussexcyp.org.uk/online-training-activities/ |

With thanks to Rob Aylott:



About 1960's Waterloo Cottages



Waterloo Cottages with the haberdashers next door

FROM FELICITY STROUD Tel: 01798 873504 Email: f.stroud@btinternet.com
 With grateful thanks for the help with information and checking from Joyce Brett

NEIGHBOURHOOD WARDENS Vanessa Green: 07584 337475
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