

# **St. Mary's Church Lent Reflections**

**5<sup>th</sup> March-19<sup>th</sup> April 2025**

A reflection for every day of Lent, chosen for you  
by members of our congregation.



**Holy God,  
Our lives are laid open before you: rescue us  
from the chaos of sin and through the  
death of your Son bring us healing and make us  
whole in Jesus Christ our Lord.**

**Amen**

**Ash Wednesday:** *Chosen by Vicky Smith*

Do not fear, for I have redeemed you; I have called you by name; you are mine.

[Isaiah 43:1b](#)

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**Thursday 6<sup>th</sup> March:** *Chosen by Liz Williams*

Finish then thy new creation,  
Pure and spotless let us be;  
Let us see thy great salvation,  
Perfectly restored in thee,  
Changed from glory into glory,  
Till in heaven we take our place,  
Till we cast our crowns before thee,  
Lost in wonder, love and praise!

[Love Divine, all loves excelling](#), Charles Wesley

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**Friday 7<sup>th</sup> March:** *Chosen by Gill Bethel*

With God all things are possible.

[Matthew 19:26](#)

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**Saturday 8<sup>th</sup> March:** *Chosen by Stephanie Pioli*

Let sense be dumb, let flesh retire;  
Speak through the earthquake, wind,  
and fire,  
O still small voice of calm.

[Dear Lord and Father of Mankind](#), John Greenleaf Whittier

**Monday 10<sup>th</sup> March:** *Chosen by Chris Williams*

When they came ashore, they saw a charcoal fire there, with fish laid on it, and some bread. Jesus said, 'Bring some of your catch.' Simon Peter went aboard and dragged the net to land, full of big fish, a hundred and fifty-three of them; and yet, many as they were, the net was not torn. Jesus said, 'Come and have breakfast.' None of the disciples dared to ask, 'Who are you?'. They knew it was the Lord. Jesus now came up, took the bread, and gave it to them, and the fish in the same way.

*John 21:9 - 13; The New English Bible*

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**Tuesday 11<sup>th</sup> March:** *Chosen by Gill Bethel*

Where two or three are gathered in my name, there I am in the midst of them.

*Matthew 18:20*

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**Wednesday 12<sup>th</sup> March:** *Chosen by Alyson Heath*

When you saw only one set of footprints, it was then that I carried you.

*From the Poem 'Footprints in the Sand'*



**Thursday 13<sup>th</sup> March:** *Chosen by Liz Williams*

Never cease to love your fellow Christians. Remember to show hospitality. There are some who, by so doing, have entertained angels without knowing it.

*Hebrews 13: 1 -2*

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**Friday 14<sup>th</sup> March:** *Chosen by Charlotte Kenyon*

Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you. Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye.

*Matthew 7:1-6*

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**Saturday 15<sup>th</sup> March:** *Chosen by Tony Holloway*

Will you walk another mile, turn a frown with a smile,  
Will you lift a lowly heart about to break?  
Would you also give your cloak to one who took away your coat,  
What on earth will you do for heaven's sake?  
Would you feed the poor in spirit and befriend the persecuted,  
Will you show the bound how all their chains can break,  
Did you sow the proper seeds, will you walk among the weeds,  
What on earth will you do for heaven's sake?

*What on Earth will You Do (For Heaven's Sake), John R Cash*

**Monday 17<sup>th</sup> March:** *Chosen by Alyson Heath*

Great is thy faithfulness, O God, my Father;  
There is no shadow of turning with thee.  
Thou changest not, thy compassions, they fail not;  
As thou hast been, thou forever wilt be.

*Great is thy Faithfulness, Thomas O Chisholm*

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**Tuesday 18<sup>th</sup> March:** *Chosen by Jacqui Walbridge*

When the snows are lying deep, when the fields have gone to sleep  
When the Blackthorn turns to white, and frosty stars bejewel the  
night,  
When summer streams are turned to ice, a Snow Ball warms the  
hearts of mice.

*from the Brambly Hedge Winter Story by Jill Barklem*

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**Wednesday 19<sup>th</sup> March:** *Chosen by Judi Highton*

The Lord bless you and keep you.  
The Lord make His face shine upon you and be gracious to you.  
The Lord turn His face toward you and give you peace.

*Numbers 6, v.24-26*

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**Thursday 20<sup>th</sup> March:** *Chosen by Christine Lindsey*

Immortal, invisible, God only wise,  
in light inaccessible hid from our eyes,  
most blessed, most glorious, the Ancient of Days,  
almighty, victorious, thy great name we praise.

*Immortal, Invisible, God Only Wise, Walter C Smith*

**Friday 21<sup>st</sup> March:** *Chosen by Jacqui Walbridge*

There is heard a hymn when the panes are dim,  
And never before or again,  
When the nights are strong with a darkness long,  
And the dark is alive with rain.  
The gods lie dead where the leaves are red,  
For the flame of the sun is flown,  
The gods lie cold where the leaves lie gold,  
And a Child comes forth alone.

*GK Chesterton*

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**Saturday 22<sup>nd</sup> March:** *Chosen by Sally-Ann Bowen-Davies and Michael Pioli*

All things bright and beautiful,  
all creatures great and small,  
all things wise and wonderful,  
the Lord God made them all.  
He gave me eyes to see them  
And lips that we might tell  
How great is God Almighty  
Who has made all things well.

*All things bright and beautiful, Cecil Frances Alexander*



**Monday 24<sup>th</sup> March:** *Chosen by Charlotte Kenyon*

When Satan tempts me to despair  
And tells me of the guilt within,  
Upward I look and see him there,  
Who made an end of all my sin.  
Because the sinless Saviour died,  
My sinful soul is counted free,  
For God the just is satisfied  
To look on him and pardon me,  
To look on him and pardon me.

*Before the Throne of God Above*

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**Tuesday 25<sup>th</sup> March:** *Chosen by James Raynard*

Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.

*Matthew 11:28-30*

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**Wednesday 26<sup>th</sup> March:** *Chosen by Michael Pioli*

God be in my head, and in my understanding;  
God be in my eyes, and in my looking;  
God be in my mouth, and in my speaking;  
God be in my heart, and in my thinking;  
God be at my end, and at my departing.

*Sarum Primer, 1514*

**Thursday 27<sup>th</sup> March:** *Chosen by Chris Rule*

Why love, if losing hurts so much? I have no answers anymore:  
only the life I have lived. Twice in that life I've been given the  
choice: as a boy and as a man. The boy chose safety, the man  
chooses suffering. The pain now is part of the happiness then.  
That's the deal.

*From Shadowlands*

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**Friday 28<sup>th</sup> March:** *Chosen by Chris Williams*

And Jesus was a sailor when he walked upon the water  
And he spent a long time watching from his lonely wooden tower  
When he knew for certain only drowning men could see him  
He said 'All men will be sailors then until the sea shall free them'  
But he himself was broken long before the sky would open,  
Forsaken, almost human, he sank beneath your wisdom like a  
stone.

And you want to travel with him and you want to travel blind  
For he's touched your perfect body with his mind.

*from 'Suzanne' by Leonard Cohen*

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**Saturday 29<sup>th</sup> March:** *Chosen by Jane Aylott*

Here might I stay and sing—  
no story so divine!  
Never was love, dear King,  
never was grief like Thine.  
This is my Friend, in whose sweet praise  
I all my days could gladly spend.

*My Song is Love Unknown, My Saviour's Love to Me*



**Monday 31st March:** *Chosen by Charlotte Kenyon*

When the Lord closes a door, somewhere He opens a window.

*The Sound of Music*

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**Tuesday 1st April:** *Chosen by Jacqui Walbridge*

I am but one,

But I am one,

What I can do, I should do.

And with the help of God

(and less interference from the rest of you!)

I WILL DO!!

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**Wednesday 2nd April:** *Chosen by Bren Marks*

"I'm so small", said the mole.

"Yes", said the boy,

"But you make a huge difference".

*'The Boy, the Mole, the Fox and the Horse', Charles Mackesy*

**Thursday 3<sup>rd</sup> April:** *Chosen by Charlotte Kenyon*

You have a great capacity to love. What you must find out is how God wants you to spend your love.

*The Sound of Music*

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**Friday 4<sup>th</sup> April:** *Chosen by Bren Marks*

"I can't see a way through," said the boy.

"Can you see your next step?"

"Yes."

"Just take that," said the horse."

*'The Boy, the Mole, the Fox and the Horse', Charles Mackesy*

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**Saturday 5<sup>th</sup> April:** *Chosen by Andy and Jacky Leese*

A village had been suffering a drought for many months. It was agreed that everyone should climb a nearby mountain to pray for rain. All the villagers duly made the ascent... but only one took an umbrella.

*From a sermon at St Mary's*

*Chosen by Andy and Jacky Leese, and Ann Kaiser*

O Jesus I have promised to serve thee to the end;  
Be thou for ever near me, My Master and my Friend;  
I shall not fear the battle, if thou art by my side,  
Nor wander from the pathway, if thou wilt be my guide.  
O let me see thy footmarks, and in them plant mine own;  
My hope to follow duly, is in thy strength alone;  
O guide me, call me, draw thee, uphold me to  
the end;  
And then in heaven receive me, my Saviour and my Friend.

*O Jesus I have promised. John Earnest Bode*

**Monday 7<sup>th</sup> April:** *Chosen by Susie Hindman*

Let nothing disturb you,  
Let nothing frighten you,  
All things are passing away:  
God never changes.  
Patience obtains all things,  
Whoever has God lacks nothing;  
God alone suffices.

*St Teresa of Avila*

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**Tuesday 8<sup>th</sup> April:** *Chosen by Sally Ann Bowen-Davies*

Behind every trial and sorrow that He makes us shoulder, God has a reason.

*A Thousand Splendid Suns, Khalid Hosseini*

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**Wednesday 9<sup>th</sup> April:** *Chosen by Michelle Taylor Bowers*

Lord of all gentleness, Lord of all calm,  
Whose voice is contentment, whose presence is balm,  
Be there at our sleeping, and give us, we pray,  
Your peace in our hearts, Lord, at the end of the day.

*Lord of all Hopefulness, Jan Struther*

**Thursday 10<sup>th</sup> April:** *Chosen by Ann Kaiser*

When we walk with the Lord  
In the light of His Word  
What a glory He sheds on our way!  
While we do His good will,  
He abides with us still,  
And with all who will trust and obey.  
Trust and obey, for there's no other way  
To be happy in Jesus,  
But to trust and obey.

*When we walk with the Lord, John Henry Sammis*

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**Friday 11<sup>th</sup> April:** *Chosen by Stephanie Pioli*

Faint not nor fear, His arms are near,  
He changeth not, and thou art dear  
Only believe, and thou shalt see  
That Christ is all in all to thee.

*Fight the Good Fight, John S.B Monsell*

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**Saturday 12<sup>th</sup> April:** *Chosen by Margaret Hyde-Dunn*

“All shall be well, and all shall be well, and all manner of things shall be well”.

*Mother Julian of Norwich*

**Monday 14<sup>th</sup> April:** *Chosen by Dorothy Hubert*

Love is patient love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres.

*1 Corinthians 13 v 4-8 NIV*

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**Tuesday 15<sup>th</sup> April:** *Chosen by Tony Hancock*

Jesus-the name that charms our fears, that bids our sorrows cease.

‘Tis music in the sinner’s ears

‘Tis life and health and peace

*O for a Thousand Tongues, Charles Wesley*

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**Wednesday 16<sup>th</sup> April:** *Chosen by Austen Hindman*

One thing I ask from the Lord, this only do I seek: that I may dwell in the house of the Lord all the days of my life, to gaze on the beauty of the Lord and to seek him in his temple.

*Psalm 27: 4*

**Thursday 17<sup>th</sup> April:** *Chosen by Judi Higton*

May His favour be upon you,  
And a thousand generations,  
And your family and your children,  
And their children, and their children.  
May His presence go before you,  
And behind you, and beside you,  
All around you, and within you,  
He is with you, He is with you.

*The Blessing, Cody Carnes*

*Chosen by Sally-Ann Bowen Davies*

The Lord is my shepherd; I shall not want. He maketh me to lie down in green pastures: he leadeth me beside the still waters.

*Psalm 23:1-2*

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**Friday 18<sup>th</sup> April:** *Chosen by Jane Aylott*

O worship the Lord in the beauty of holiness;  
bow down before him, his glory proclaim;  
with gold of obedience, and incense of lowliness,  
kneel and adore him: the Lord is his name.

*Oh worship the Lord in the beauty of Holiness!*

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*Chosen by Father Paul*

I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.

*John 16:33*

**Saturday 19<sup>th</sup> April:** *Chosen by Judi Higton*

Be still my soul the Lord is on thy side,  
Bear patiently the cross of grief or pain,  
Leave to thy God to order and provide,  
In every change He faithful will remain.  
Be still my soul thy best, thy heavenly friend,  
Through thorny ways leads to a joyful end,  
Be still, my soul, thy God doth undertake,  
To guide the future as He has the past.  
Thy hope, thy confidence let nothing shake,  
All now mysterious shall be bright at last,  
Be still, my soul, the waves and winds still know,  
His voice who ruled them while He dwelt below.

*Be still my soul, Katharina Von Schlegel*



*Chosen by Father Keith*

You seek the Lord? Seek, but only within yourself. He is not far from anyone. The Lord is near all those who truly call on Him. Find a place in your heart, and speak there with the Lord. It is the Lord's reception room. Everyone who meets the Lord, meets him there; He has fixed no other place for meeting souls.

*Theophan the Recluse*

*The  
Season  
of  
Lent*



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**Compiled by Susie Hindman  
Lent 2025**